



*This program has been rescheduled to June 26 due to storms.*

## **Widening Our Lens on Aging**

**June 26**

**9 a.m. - 12 noon**

**Jewish Federation of Western Connecticut**

**444 Main Street North, Southbury**

**Register**

Widening Our Lens on Aging will begin with a screening of *“Coming of Age in Aging America.”* With compelling stories and insights, this public television documentary explores the question “What will it mean for us all to grow up, live and age in a society where a third of the population is over age 65?”

Following the film, Gerontologist Donna Fedus will help us explore new programs and ideas that are taking root in Connecticut to help older people thrive - Disrupt Aging, Aging 2.0, and others. Donna will discuss the LGBT Moveable Senior Center with senior center expert Dianne Stone. Finally, we will talk about bringing these new perspectives into our own communities and organizations.

Engaging Aging workshops combine new ideas, effective programs worth sharing and key concepts in gerontology. Workshops:

- Are free and open to professionals working with older people and to gerontology students
- Require advance registration
- Include breakfast beginning at 9:00 a.m.

Pathways for Older Adults of Connecticut Community Foundation offers these workshops in partnership with:

- Donna Fedus, Gerontologist and Founder, Borrow My Glasses
- Jade Stolz, Executive Director, Jewish Federation of Western Connecticut, Southbury
- Dianne Stone, Director, Newington Senior and Disabled Center

This is the first of three workshops in the Engaging Aging series. Save the dates of future workshops: October 16 (Positive Aging: Health of Mind, Body and Spirit) and November 6 (A New View of Dementia).

Register now