

Pathways for Older Adults



A community
engagement
initiative of the
Connecticut
Community
Foundation.

PATHWAYS' MISSION

Our mission is to assist older people in the region to age successfully by connecting them with vital information, key services and varied opportunities. We also help our local communities prepare for the aging of the population and become age-friendly.

Pathways works in partnership with area nonprofits, municipalities and residents of our 21-town service area in Greater Waterbury and the Litchfield Hills.

The East Hill Woods Fund at the Foundation provides generous support for *Pathways*.

PATHWAYS OFFERS:

- ▶ Grants awarded twice yearly through a competitive process.
- ▶ Mini-grant application for requests up to \$3,000.
- ▶ Special funding for **Town Conversations on Aging**.
- ▶ Support for **Lifelong Libraries** projects.
- ▶ Technical consultations to develop programs and apply best practices.
- ▶ *Pathways Professional Learning Programs* for those who work with older adults.
- ▶ Opportunities for organizations to share ideas, form regional networks and collaborate.

PATHWAYS GRANTS

Funding can be used for a variety of purposes such as (but not limited to):

- ▶ Informing and counseling older adults about benefits, programs and services.
- ▶ Reaching out to underserved, low-income or at-risk older adults.
- ▶ Providing chore, home maintenance or repair services using affordable models.
- ▶ Offering fitness, prevention, health education and health promotion programs.
- ▶ Creating meaningful opportunities for older adults to put their talents and experience to use.
- ▶ Expanding the capability of organizations to serve older adults through planning, technology and training.
- ▶ Building age-friendly communities through: local surveys and goal-setting; improving transportation coordination; expanding lifelong learning programs; improving public safety; and training caregivers.

Pathways for Older Adults

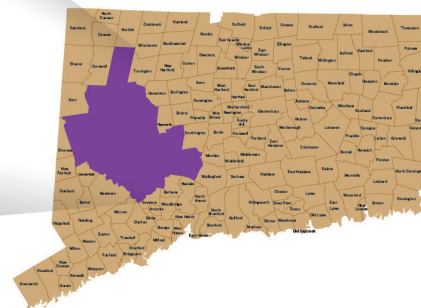
To apply for a *Pathways* grant, you must be:

- ▶ a not-for-profit organization under Section 501(c)(3) of the IRS Code, or a municipal entity
- ▶ serving older adults who are age 65 and over
- ▶ located in and/or serving residents of our 21-town service area

Towns We Serve:

Founded in 1923 as the Waterbury Foundation, Connecticut Community Foundation was the first community foundation in the state. Today, we serve 21 towns in Greater Waterbury and the Litchfield Hills.

Beacon Falls	Prospect
Bethlehem	Roxbury
Bridgewater	Southbury
Cheshire	Thomaston
Goshen	Warren
Litchfield	Washington
Middlebury	Watertown
Morris	Waterbury
Naugatuck	Wolcott
New Milford	Woodbury
Oxford	



FOR MORE INFORMATION

Please visit the *Pathways* for Older Adults page on our website:

www.conncf.org/pathways

We are always pleased to answer questions, share ideas and collaborate with aging services providers, nonprofit organizations and municipalities. Please contact **Deborah Stein, Pathways Program Officer**, at 203.753.1315 or dstein@conncf.org.